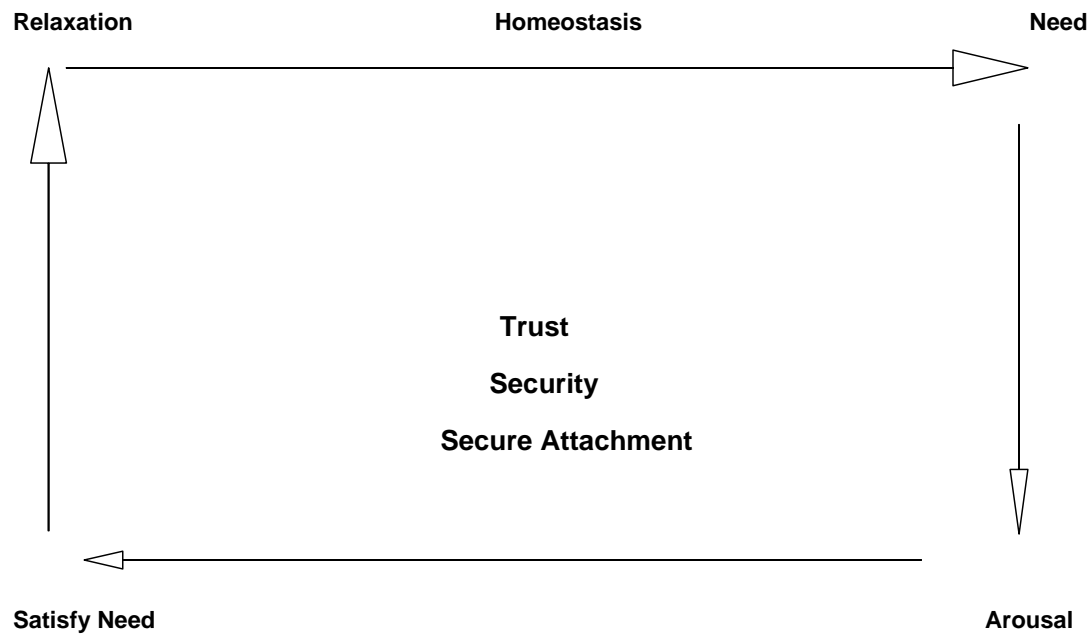


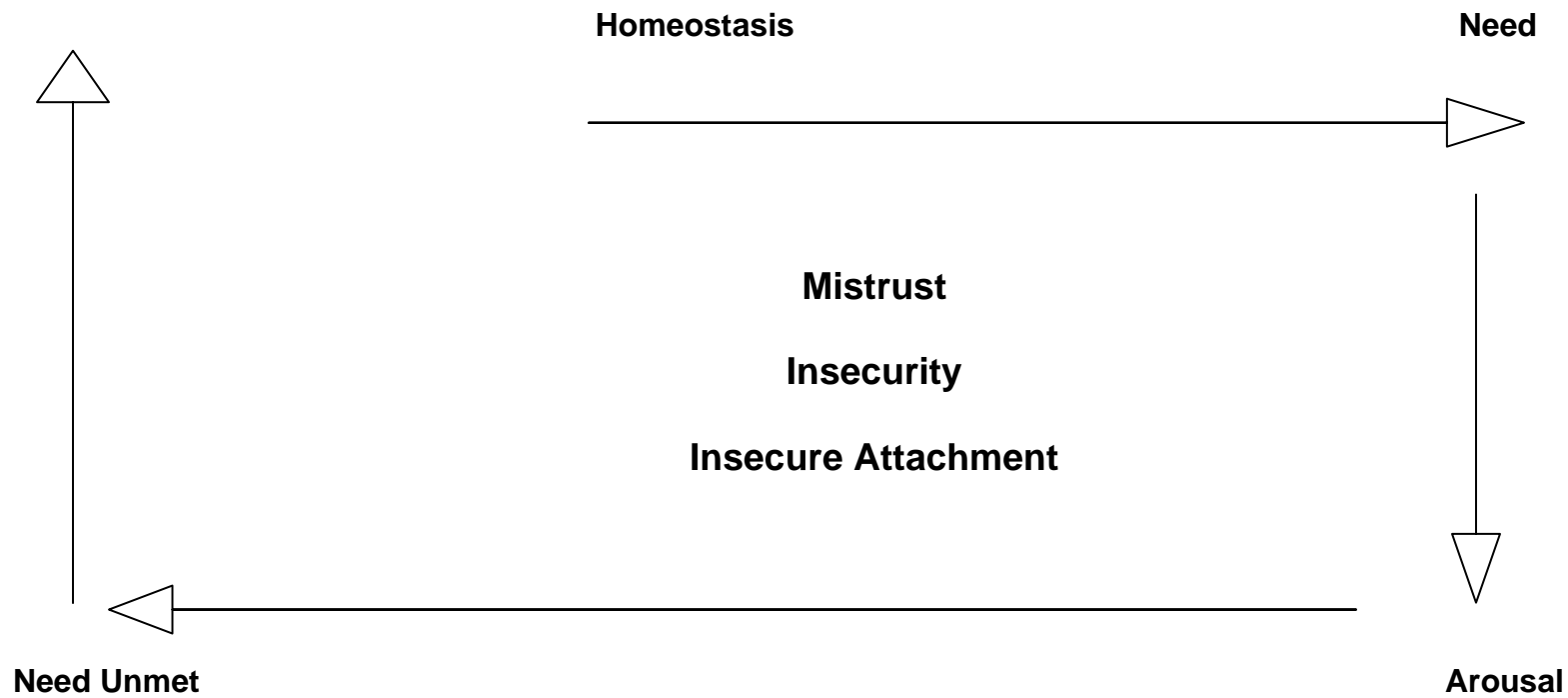
# AROUSAL/RELAXATION CYCLE

## AROUSAL/RELAXATION CYCLE



# DISRUPTED AROUSAL/RELAXATION CYCLE

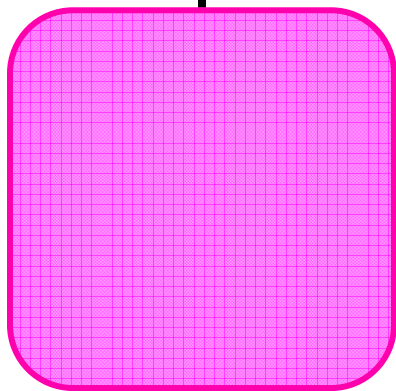
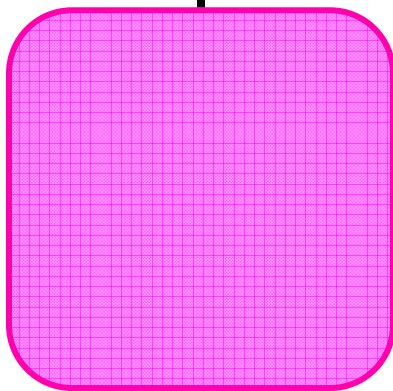
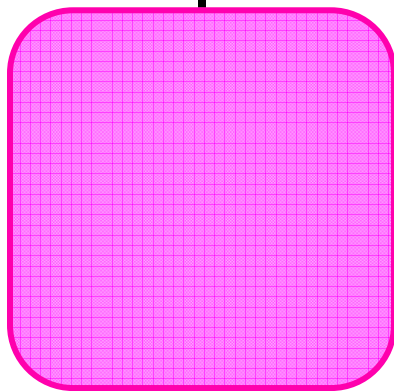
Emotional  
Distress



Attachment  
Building  
Blocks

```
graph TD; A[Attachment Building Blocks] --- B[Basic Trust]; A --- C[ ]; A --- D[ ]; A --- E[ ]
```

Basic Trust



# Attachment Building Blocks

```
graph TD; A[Attachment Building Blocks] --- B[Basic Trust]; A --- C[Causal Thinking]; A --- D[ ]; A --- E[ ]
```

Basic Trust

Causal Thinking

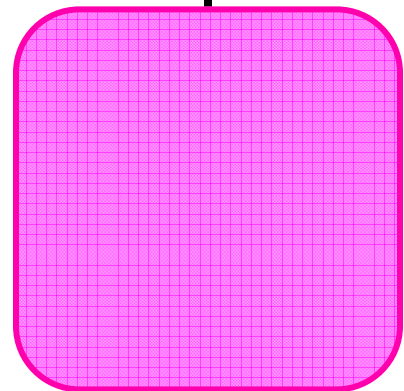
# Attachment Building Blocks

```
graph TD; A[Attachment Building Blocks] --- B[Basic Trust]; A --- C[Causal Thinking]; A --- D[Conscience Development]; A --- E[ ];
```

Basic Trust

Causal Thinking

Conscience Development



# Attachment Building Blocks

```
graph TD; A[Attachment Building Blocks] --- B[Basic Trust]; A --- C[Causal Thinking]; A --- D[Conscience Development]; A --- E[Ability to Delay Gratification];
```

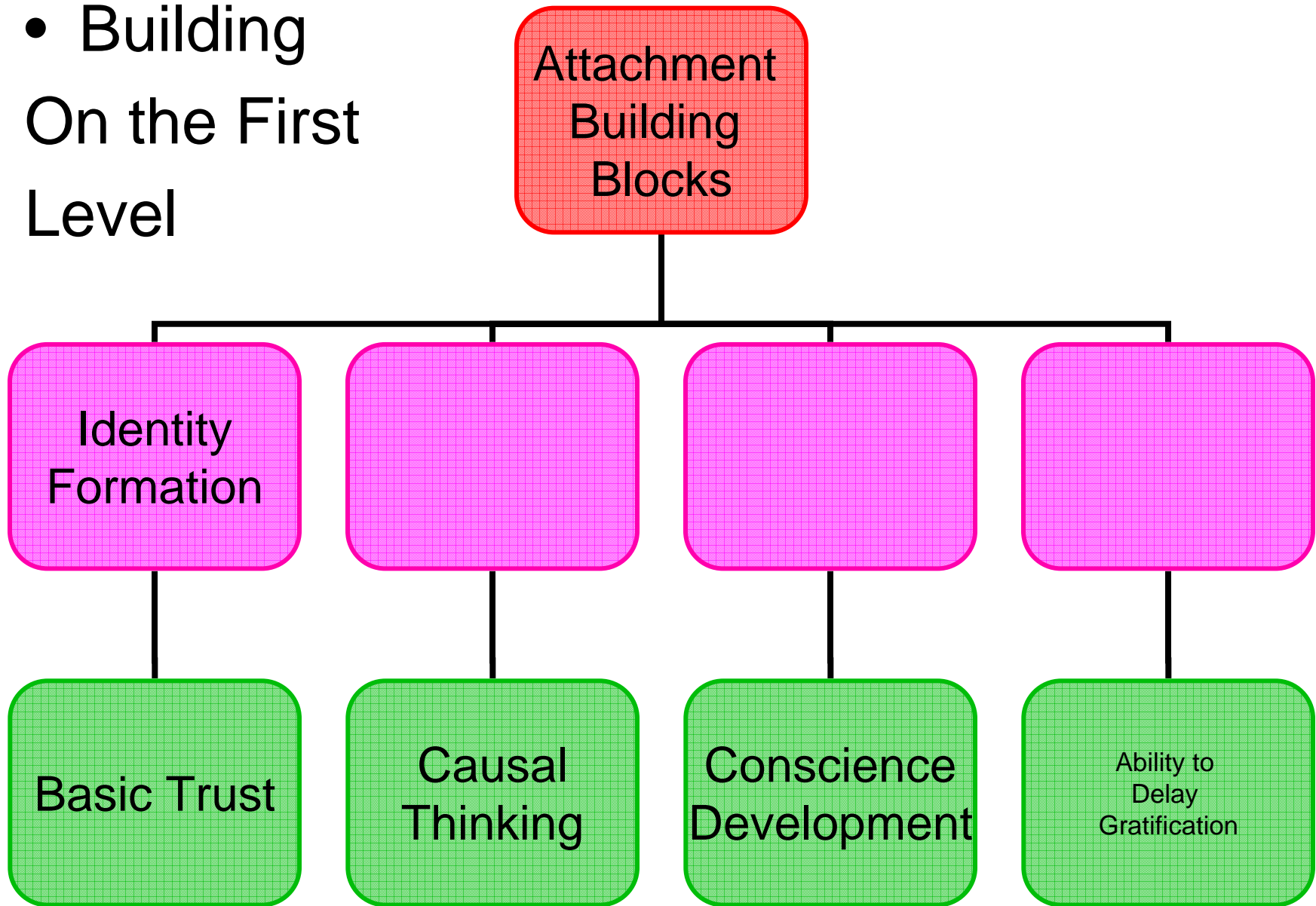
Basic Trust

Causal Thinking

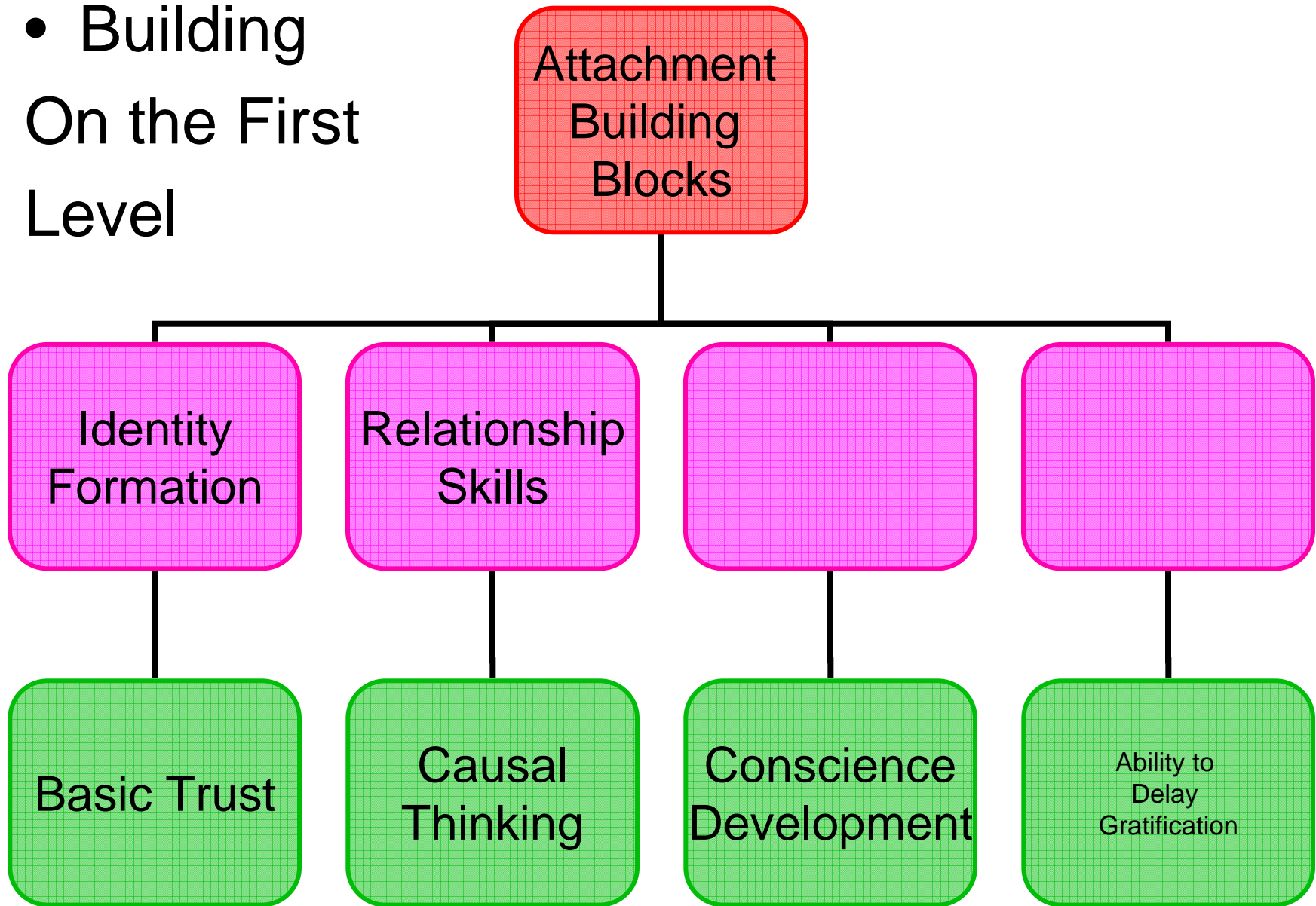
Conscience Development

Ability to Delay Gratification

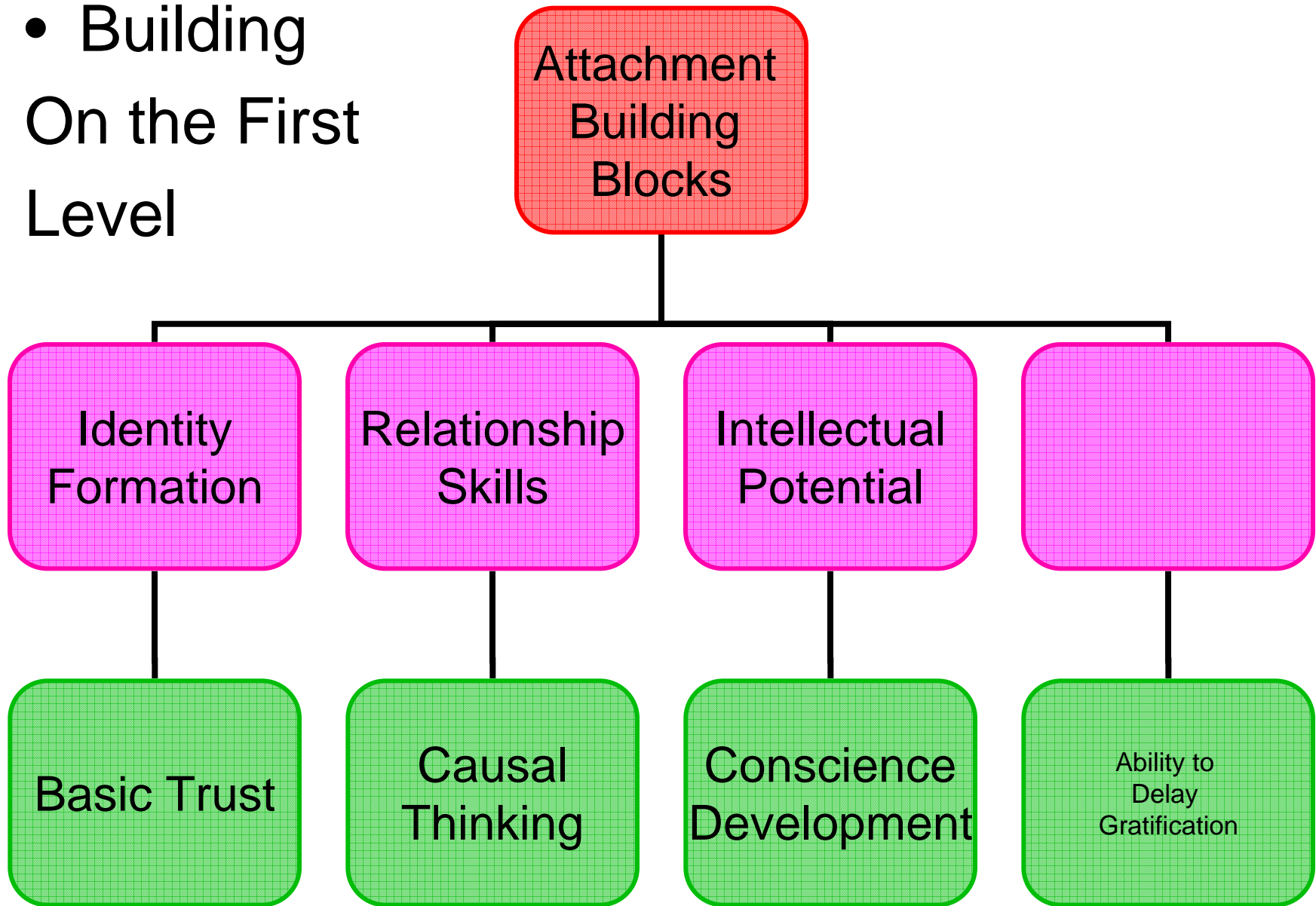
- Building On the First Level



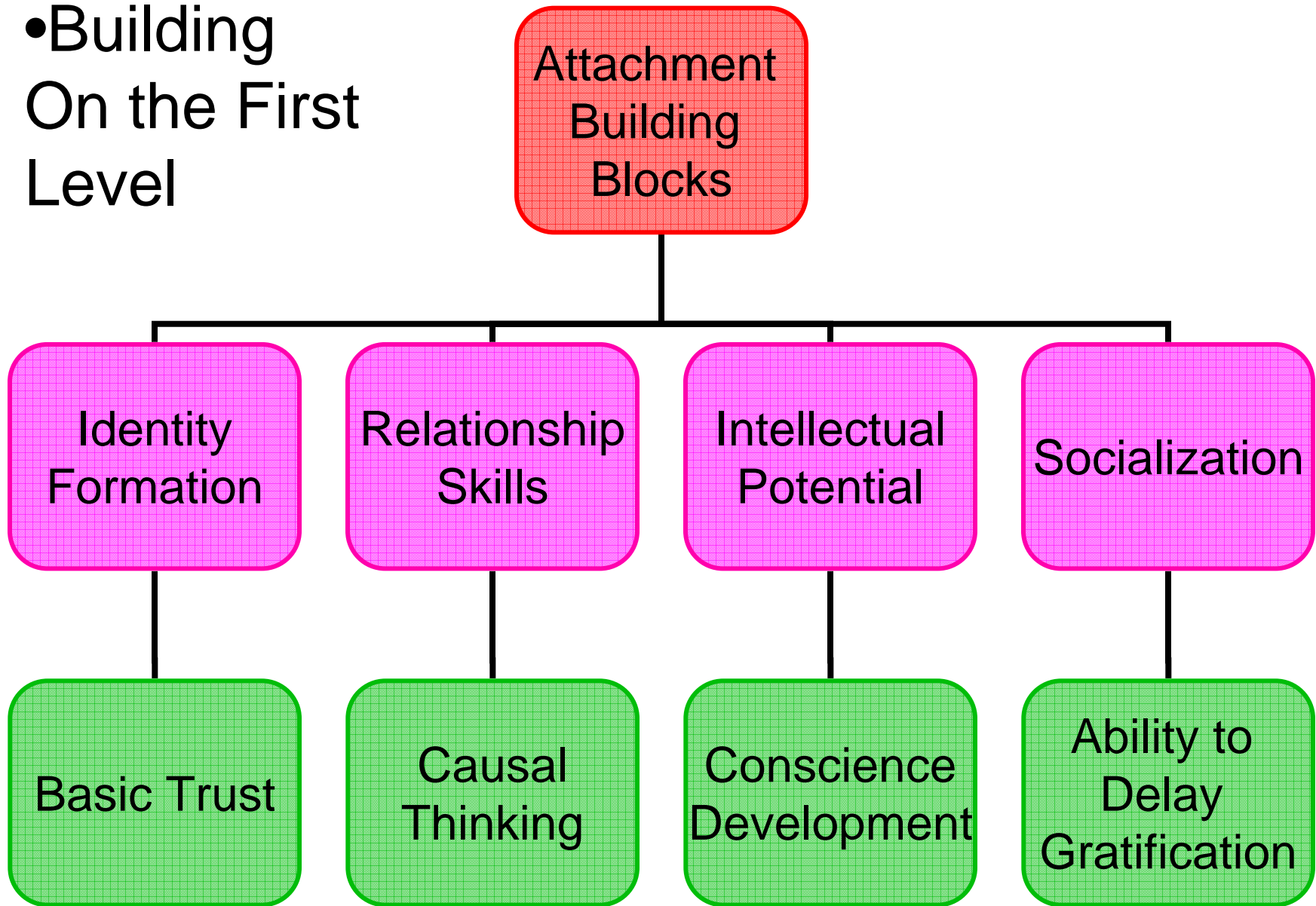
- Building On the First Level



- Building On the First Level



•Building  
On the First  
Level



# Attachment Building Blocks

Requirements and expectations	Concentration		
Identity Formation	Relationship Skills	Intellectual Potential	Socialization
Basic Trust	Causal Thinking	Conscience Development	Ability to Delay Gratification

# Attachment Building Blocks

Requirements and expectations	Concentration	Ability to Handle Stress	
Identity Formation	Relationship Skills	Intellectual Potential	Socialization
Basic Trust	Causal Thinking	Conscience Development	Ability to Delay Gratification

# DISRUPTED AROUSAL/RELAXATION CYCLE

Emotional  
Distress

