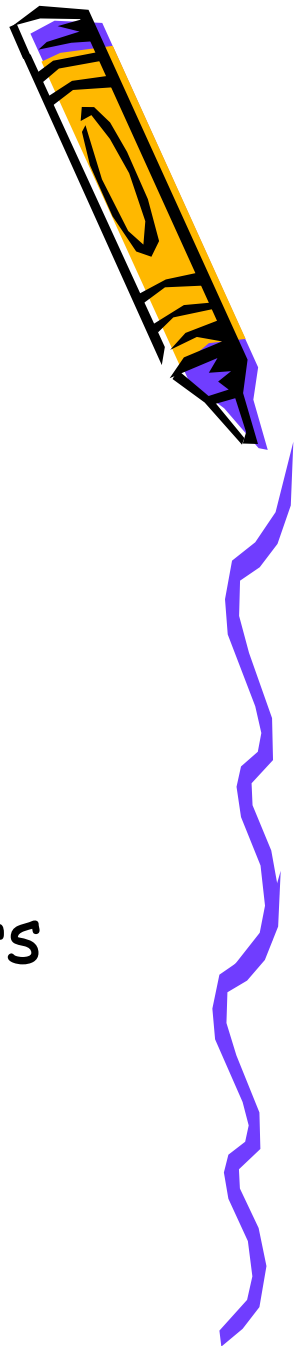


# Challenges

- Hitting
- Spitting
- Biting
- Selfish
- Whining
- Crying when left
- Interrupting
- Screaming
- Making messes
- Running in the classroom
- Not listening
- Talking Back
- Ignoring
- Bothering others
- Making noise





Unhappiness comes  
from giving up what  
we want **MOST** for  
what we want  
**NOW.**



# What Do We Want Most?



- Responsible
- Independent
- Self-sufficient
- Self-supporting
- Connected to family
- Strong positive moral values
- Honest
- Good communicator
- Interdependent
- Loving
- Compassionate
- Good Sense of Humor
- Happy and healthy



Educated



# 4 Criteria of Effective Discipline



- It helps children feel a sense of connection, belonging and significance.
- It is mutually respectful and encouraging: kind and loving to the child and involves firm and appropriate follow through from the adults.
- It is effective long-term. It takes into consideration what the child is thinking, feeling, learning, and deciding about himself and his world—and how he will behave in the future to survive and thrive in it.
- It teaches important social and life skills. These skills include respect, concern for others, problem solving, and cooperation as well as the skills to contribute to the home, school, or larger community.



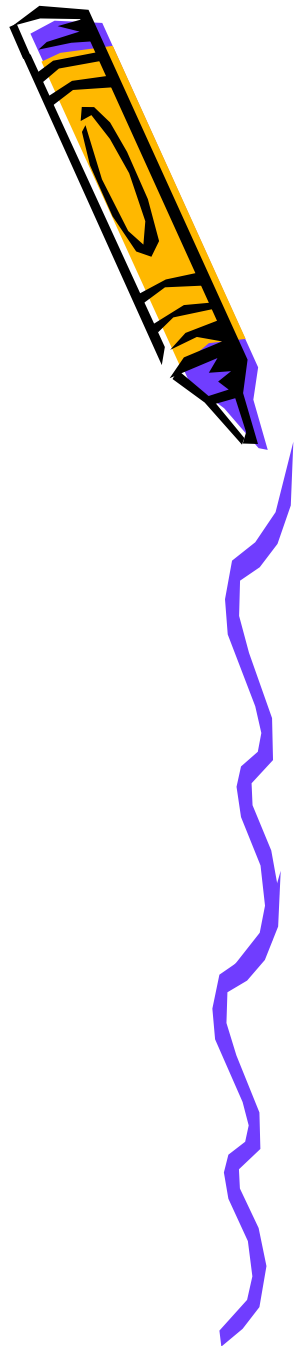
# Have you ever felt:

Annoyed and frustrated?

Angry?

Hurt and embarrassed?

Hopeless and helpless?



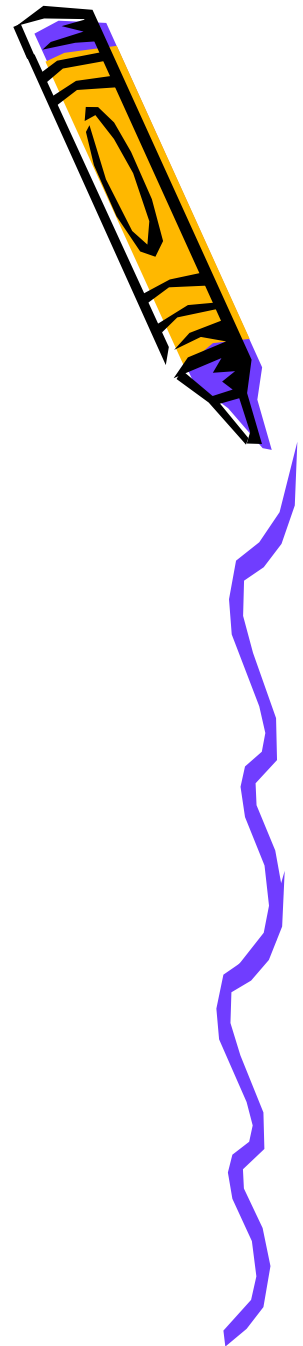
# Behavior is Language

Attention and affection

Power and a sense of safety and control

The ability to express feelings and needs

Validation



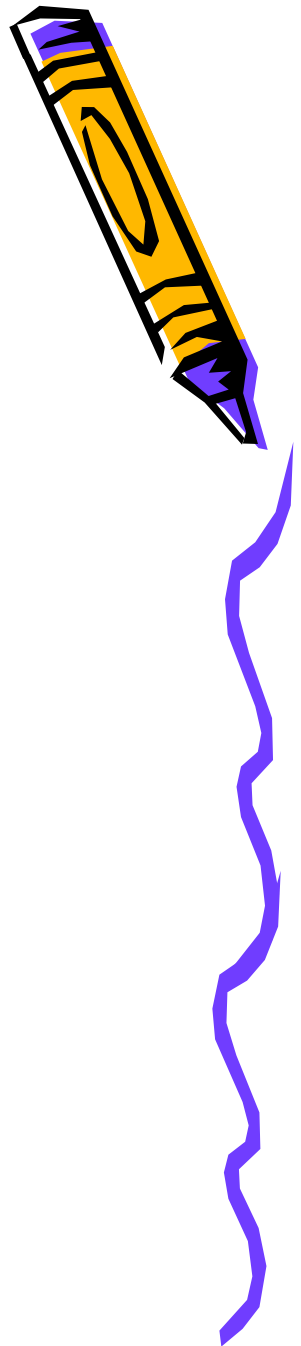
# Misbehavior is

- An attempt to meet a real human need in a way that doesn't work well and is met with resistance or rejection.
- Our job is to help children learn effective and appropriate ways to meet their needs and get along with us and others as they grow. That is what *Discipline* is all about.



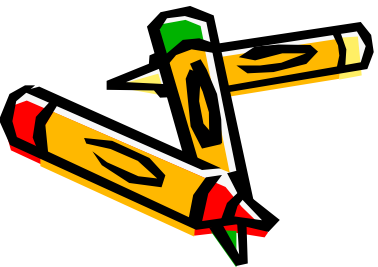
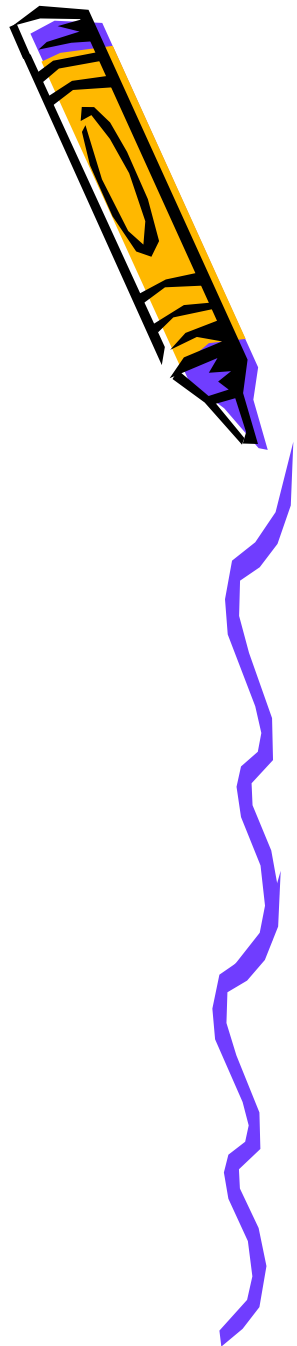
Needs become problems  
when they are not met  
with effective adult  
responses.

- Undue attention
  - Power struggles
  - Revenge
  - Inadequacy



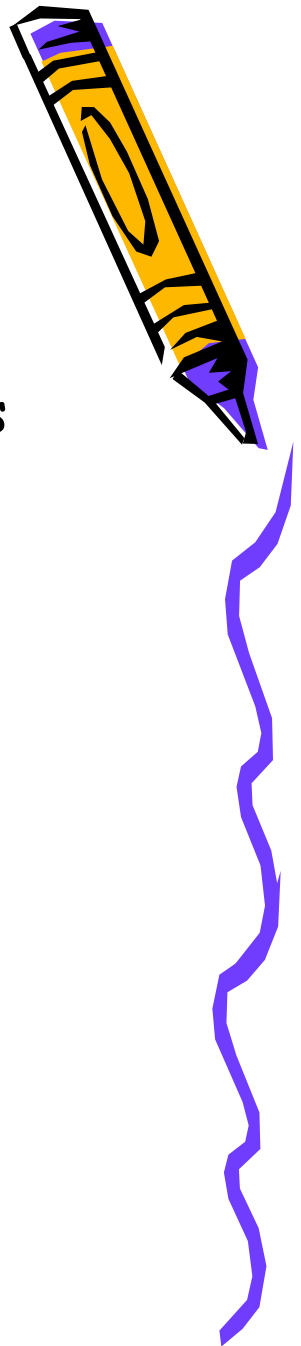
# Do you know this child?

- Trouble Maker
- Disrespectful
- Boastful
- Destructive
- Hyperactive (ADD)
- Bossy
- Rebellious
- Stubborn
- Non-Compliant
- Picky
- Defiant

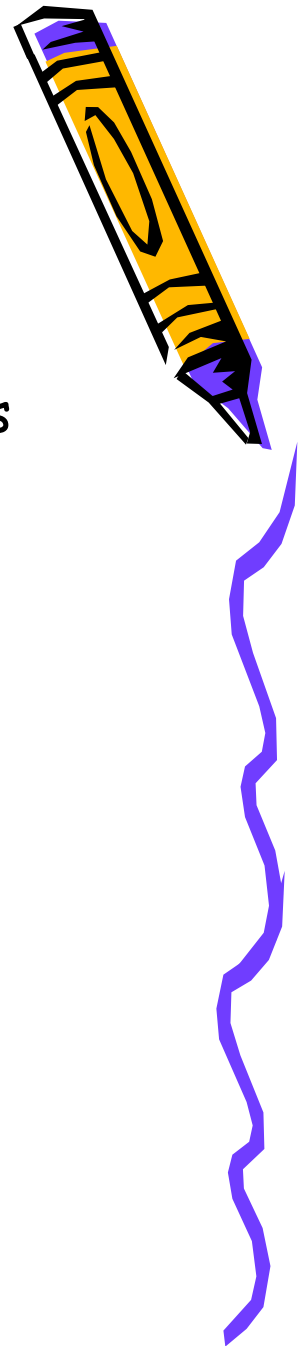


# Do you know this child?

- Inquisitive and curious
- Outspoken
- Confident
- Creative
- Energetic
- Leader
- Independent
- Persistent
- Self-Directed
- Sensitive
- Decisive



# Which child do YOU know?



- Trouble Maker
- Disrespectful
- Boastful
- Destructive
- Hyperactive (ADD)
- Bossy
- Rebellious
- Stubborn
- Non-Compliant
- Picky
- Defiant
- Inquisitive and curious
- Outspoken
- Confident
- Creative
- Energetic
- Leader
- Independent
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- Self-Directed
- Sensitive
- Decisive





# What teachers do.

- *Teaching is more about how WE express love and Teach children than it is about our children's behavior.*



# Positive Discipline is about what Adults do



The first mistaken behavior is about the child—everything after that is about how we respond to the child's behavioral language.

Bilingualism is imperative!

You must learn to understand the language  
of behavior!



It is not your job to solve the problem.

It is your job to teach children how to solve problems, and to get better and better at it as they grow!



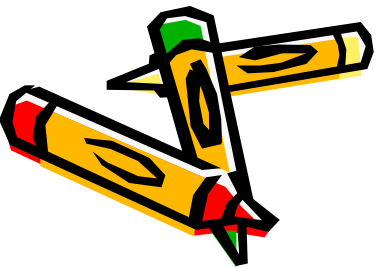
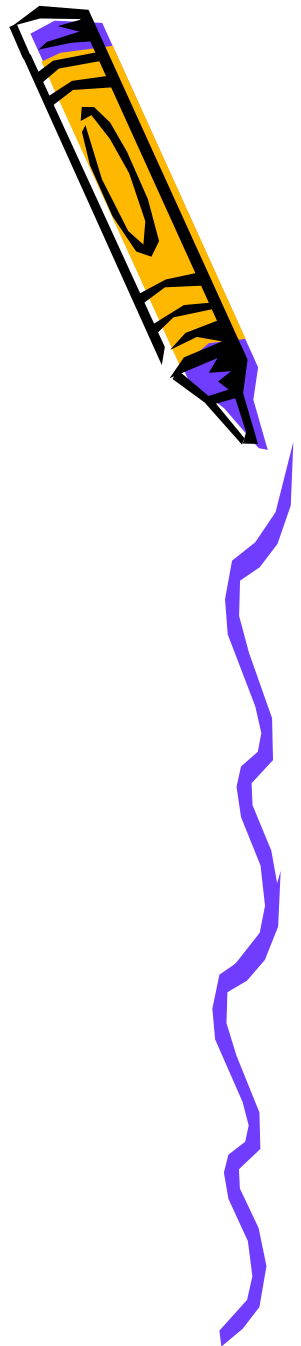
We do not help  
children do better  
by making them  
feel badly about  
themselves!



# ENCOURAGEMENT

When a child is full of courage, it is likely that he/she will do well and behave well.

Discouragement breeds problems.  
Learn to InCourage your children.



# For more information

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- 925-449-7117

